

Dec 3, 2012 Volume 2

Graphic by Wayne

It's that time of year again! The Christmas season is approaching and the snow should be falling soon. There are many exciting events happening over the next few weeks – make sure you mark the dates on your calendar so you don't miss out!

Kitchen Services

The kitchen is offering many great services if you are sick of cooking. Below is a price list of some options from Erica in the kitchen:

- \$14 full 3 course meal in the dining room – salads, meal, dessert, coffee, tea, juice
- \$6 takeaway meal of the day
- \$2 dessert
- \$2.50 salad
- \$5 loaf of bread orders must be placed on Wednesday for Friday pickup
 - Cheese Bread
 - Cherry Bread
 - Lemon Bread
 - Cinnamon Raisin

Frozen meals are available on a monthly basis. Christmas goodie trays, fudge tins and nuts and bolts are available as well. Order forms need to be in by Dec. 10th for goodies and frozen meals. Please see Erica in the kitchen for order forms and more information.

Bulletin Board

The main floor bulletin Board must have authorization from the Centre office to have items displayed. The Seniors In Actions section will need to have approval from their Board.

Shortly we will be installing new display boards in both elevators to advertise events and we will discontinue having any items posted by the elevator entry doors.

Dec. 4th Quinte Accopella Singers

30 accopella singers will sing Tuesday December 4th at 7:00pm in the auditorium. The event is free and all residents are encouraged to attend.

Dec. 4th Jewels by Janelle

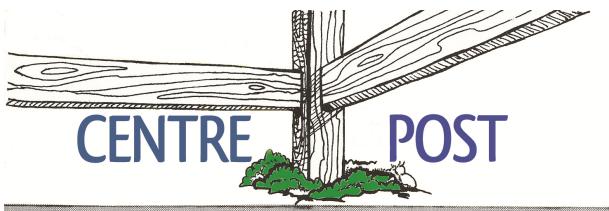
Need to do some Christmas shopping? Janelle will be back again selling her jewels from 10:00am – 1:00pm – come down to the lobby to check out the selection of jewellery.

Dec. 6th Shuffleboard Party

The end of season shuffleboard party will be at 2:00pm. If anyone else is interested in joining the lunch the cost is \$5.

Dec. 10th – Order Forms Due

As mentioned above – order forms for frozen meals for over Christmas and the



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month of January are due December 10th. There are 10 different meals to pick from and can be ordered in any quantity. Each meal is \$6 or 15 meals for \$84 (a \$90 value).

Christmas goodie trays (approx.. 40 cookies) are available for \$18. Fudge tins are available for \$12. Nuts and Bolts bags are available for \$4.

Dec. 11th Christmas Chapel Program

The Christmas Program for Chapel will be at 2:00pm on December 11th. Major Shirran from the Salvation Army will be our guest. All residents are welcome to attend.

Dec. 14th Christmas Dinner

The annual Seniors in Action Christmas dinner will be on December 14th. Cocktails are at 4:00pm with dinner served at 5:00pm. Tickets are available for \$6 from any Seniors in Action member from door to door. Please have exact change ready.

Dec. 17th Monster BINGO

Calling all BINGO players! Come on our for a special BINGO night. Cards are \$10 and the jackpot will be \$100! All residents are welcome and BINGO starts at 6:00pm in the Dining Room.

Dec. 21st Christmas Tea

All residents are welcome to come to the Dining Room on the 21st at 2:30 for Erica's annual Christmas Tea. This event is free for all residents and we hope you all can come.

Dec. 23rd Salvation Army Carollers

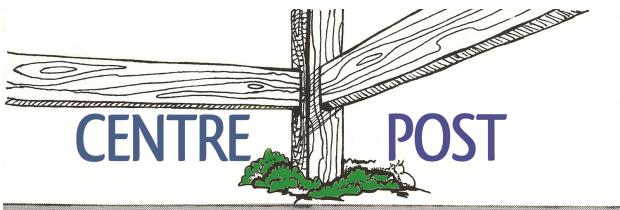
Staff from the Salvation Army are coming to spread Christmas cheer on December 23rd just after 4:00pm. All residents are encouraged to come to the Dining Room to hear the staff carol for our residents. Following the carollers – an evening meal will be available. See information below.

Dec. 23rd Breakfast for Dinner

Who doesn't love a good breakfast for dinner!? Following the carollers from the Salvation Army – Erica will be hosting Breakfast for Dinner in the Dining Room. Tickets will be \$8 and it will include pancakes, bacon, sausages, scrambled eggs, homefries and coffee or tea. Tickets must be purchased by Dec. 20th.

Thank you for your Cooperation

Thank you to each and every resident who has made an effort in helping the Quinte Living Centre stay neat and tidy. We appreciate all the effort towards keeping the garbage rooms clean. We would like to remind residents to continue to not place



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excess items downstairs by the paper recycling.

We Want Your Opinion

If you haven't had an opportunity to talk to Megan about your ideas for food services – stop by the office anytime! We are looking for ways to serve the residents better and need your help. Erica is excited about hearing your feedback. ©

Keep our Lounge Clean

Just a reminder to residents to refrain from eating in the lounge by the fireplace. We would like to keep the furniture crumb free and safe for residents and visitors with allergies. Thank you for your help.

Medical Information

Residents who have prescribed medication should keep an updated list in the event of a medical emergency. Most pharmacies will provide you with your current medications. Pharmacists suggest you attach the information along with any medical conditions you have and put on the front of your fridge for easy access.

Overnight Guests

Just a reminder to all residents to come and register your overnight guests with the office. We will give you an up-to-date parking permit for guests.

Thank you for your cooperation.

